PRACTICAL HEALTH TALKS O Lillian Whitney MD O

Dr. Whitney's popular articles on health and beauty subjects in several leading magazines have been attracting marked attention for a num-ber of years. No other writer on similar topics is better equipped for the work, for Dr. Whitney has established an enviable reputation as a specialist and is endowed with the ability to make herself easily understood by her readers. She will answer all letters relating to her department us aromptly as possible. All letters should be accompanied by a stamped envelope and should be addressed enve of this paper.

INFLUENZA OR GRIP.

An unusaly virulent epidemic of this troubles, and these, too, are the most treacherous disease is spreading over the country, and health authorities are busy instructing the public how to minimize the danger from direct attacks and from promoting the contagion, for grip is an exceedingly insidious in-

MOTOR GOSSIP

The Acme Auto Top Company has installed a two-ton electric elevator by means of which machines can be conveyed to the company's workrooms, located on the second floor of the Accord

cated on the second floor of its estal

J. M. Stoddard, president of the Cook and Stoddard Company, is at French Lick, Ind., for a short visit.

Though there still remains much to be

done to the Pollock Car Corporation's showroom, which is being remodeled. Tayloe Pollock hopes to have the new Oldsmobile home ready for the reception

of visitors by the first of the coming

John Fister, proprietor of Fister's garage, is able to be out and around again, after his recent accident. One day last

inted and contracts made with the idea in view that it would be brought to the East by boat and via the canal. The eastern fields are not sufficient to

as they formerly were is another rea-

up with the Paige for an indefinite term, thus adding one more to the long list of celebrities swearing alle-giance to that car. When Matty put

his name on the dotted line the other

day in the office of the Paige-Detroit Company, of New York, Manhattan

ingly retiring disposition.

Mathewson has been an automobile fan for some time, but heretofore has

stration he returned to announce his

"After investigating I found the car

care for the demand and, naturally, when the canal was closed the diminishing of the supply raised the price.

The oil fields are not so productive EMPIRE—

Christy Mathewson—the same Christy
who has done so much to make the
New York Giants famous—has signed
FORD—

the owner of a Fairfield, one celebrated
"Big Six" united with another "Big
Six" of equal fame.

Mathewson played rather a mean trick on the Paige salesman. He concealed his identity when he was examining the car and receiving a demonstration, giving the name of the Florad who was with him. But all who

friend who was with him. But all who know the great box artist say that such a procedure would be quite characteristic, as he is of an exceed-

owned only models of high-priced makes. At the New York show he became interested in the cars of medium price, certain advantages in weight, cost of maintenance, and the

weight, cost of maintenance, and the like impressing him. His choice narrowed to three cars, one of which was the Paige Fairfield "Six-46." Matty did his shopping very thoroughly, making close study of all that auto row had to offer. Two days after he had received his Paige demonstration he returned to announce his

undoubtedly he will receive challenges
from Donny Bush, George Mortary.
Branch Rickey and other baseball
stars who are driving Paige cars.
Mathewson, when asked why he had
finally settled on the Paige Fairfield,
133 Fourteenth

was light on tires, that the mileage per gallon of gasoline was big and that the mechanism was very accessing Fourteenth

When the news is spread.

Company, of New York, statistical distributors of the Paige, and became the owner of a Fairfield, one celebrated "Big Six" united with another "Big W. J. McLean, Manager, 1812 14th st. Phone N. 208.

THE BURGER MOTOR CO., 1119 Fourteenth st. Fhone North 1292.

SMITH MOTOR SALES CO., 1017 Fourteenth st. Phone North 1681.

CARTERCAR SALES CO., 1335 Fourteenth st. Phone North 1374.

SEMMES-KNEESI CO.,

1136 Connecticut av. Phone North 4107.

with which it attacks. The danger of carelessely exposing others to it lies here one may have a very mild form of grip so mild that one is scarcely ill at all merely symptoms of a slight cold yet by the specially from the disease itself. Those suffering even mildly should

GASOLINE CARS

ALLEN— MOTOR TIRE & SALES CO., 1018 14th st. Phone M. 4867.

APPERSON—
PROBEY-ARRISON CO.,
1230 Wisconsin av.
Phone West 606.

SMITH MOTOR SALES CO., 2017 Fourteenth st. Phone North 1461.

When the attack takes the form of a sharp coryza or other catarrhal irritations of the respiratory tract, inhalations of medicated steam are most grateful and soothing. To a pint of boiling water a tablespoonful (or more) of listerine is added. The patient's head and the vessel containing the water are covered with a heavy Turkish towel, and the steam inhaled as long as the water remains hot. Sleep is often induced by this treatment, so the danger of an accident occurring with the boiling water must never be forgotten, and patients should not be left alone.

Medicorated in flags, cutflowers and Souther of a short stay. Others who arrived yesterday were Miss Delphine Gillette, of Minneapoils, who joined her father, Mr. Lewis Singer, Gillette, Mr. and Mrs. Charles L. Deering, of Chicago; Mr. and Mrs. Lucian H. Cocke, of Roalington yesterday from Baltimore of a short stay. Others who arrived yesterday were Miss Delphine Gillette, of Minneapoils, who joined her father, Mr. Lewis Singer, Gillette, Mr. and Mrs. Charles L. Deering, of Chicago; Mr. and Mrs. Lucian H. Cocke, of Roalington yesterday from Baltimore of a short stay. Others who arrived yesterday were Miss Delphine Gillette, of Minneapoils, who joined her father, Mr. Lewis Singer, Gillette, Mr. and Mrs. Lucian H. Cocke, of Roalington yesterday from Baltimore of Minneapoils, who joined her father, Mr. Lewis Singer, Gillette, Mr. and Mrs. Lucian H. Cocke, of Roalington yesterday from Baltimore of Minneapoils, who joined her father, Mr. Lewis Singer, Gillette, Mr. and Mrs. Lucian H. Cocke, of Roalington yesterday from Baltimore of Minneapoils, who joined her father, Mr. Lewis Singer, Gillette, of Minneapoils, who joined her father, Mr. Lewis Singer, Gillette, Mr. and Mrs. Lucian H. Cocke, of Roalington yesterday from Baltimore dining from Singer Minneapoils, who joined her father, Mr. Lewis Singer, Gillette, Mr. and Mrs. Charles Henry Bigelow, of St. Paul; Mrs. Borland, have arrived in Washington yesterday from Singer Minneapoils, who joined her father, Mr. Lew

in-the type annoyed—Use this lotion for excessive perspiration; Water, 8 ounces; rock am-monia, 1 ounce; powdered tannin, 1-3 ounce.

An ounce of tincture of benzoin in a

pint of elder-flower water makes a simple wash for oily or perspiring skins. Alcohel and rosewater is also good. (Copyright, 1916.)

so mild that one is scarcely ill at all, merely symptons of a slight cold yet by communicating the affection to another of greater susceptibility severe and program of the conditions and the regarded with suspicion and the greatest precaution taken to abort the condition and to prevent the infection of others. Unlike many contagious disease, one attack of grip does not lessen the danger of future 2-tacks—some persons being so susceptible that they suffer again and again with every outbreak of the disease. It is particularly severe upon the old, the feeble and the sick, even infants in arms not being spared.

Grip is especially dangerous to those suffering from bronchial or pulmonary south cannot be insection to another of greatest precaucity of the disease. The manufacture of the conditions and the disease in the danger of the conditions are overworked, influenza particularly severe upon the old, the feeble and the sick, even infants in arms not being spared.

Grip is especially dangerous to those suffering even mildly should be regarded with suspicion and the greatest precaution taken to abort the conditions are overworked, influenza particularly severe upon the old, the feeble and the sick, even infants in arms not being spared.

Grip is especially dangerous to those suffering even mildly should be solated. In this way an epidemic of the disease, the majority, I respect to say, being lamentably indifferent is sufficiently illustrated to create such the suffer of others.

Since in a severe epidemic like this physicians are overworked, influenza particularly severe upon the old, the feeble and the sick, even infants in arms not being spared.

Grip is especially dangerous to those suffering even mildly should be solored.

Grip is especially dangerous to those suffering even mildly should be solored.

Grip is especially dangerous to those suffering even mildly should a large is not suffering even mildly should be solored.

Grip is especially dangerous to those suffering even mildly should be solored.

Grip is esp

together one of the most brilliant audiences of the season. Among those who will entertain box parties ars Mrs. Stephen B. Elkins, Mrs. Harry Wardman, Miss Phelan, Mr. Thomas Ewing and Mr.

John R. McLean.
The theater will be profusely decorated for this performance, and the seniors of Georgetown University, in cap and gown,

Mrs. Isaac Gans, president of the board, has assisting her in connection with this benefit, Mrs. Wilfred M. Barton and Mrs. Joseph E. Strasburger, secretary and treasurer, respectively; Mrs. Charles A. Chase, chairman of the ticket committee, and the members of this committee;

ELECTRIC CARS.

MOTOR TRUCKS.

AUTOCAR SALES & SER. CO.,

HICAGO PNEUMATIC TOOL CO. #1 Missouri ave. Phone M. 6675.

BAKER-RAUCH-LANGE-BARTRAM ELECTRIC GARAGE, 1204-05 New Hampshire ave., 2107-11 M st. Phone West 458-458.

DETROIT-

MILBURN-

EMERSON & ORME.
1407 H st.
Phone North 1608.

MILBURN BALES CO.

Phone North 2000.

Phone North 196.

LUTTLE GIANT-

How to Get Relief When Head and Nose Are Stuffed Up.

Count sfty! Your cold in head or catarrh disappears. Your clogged nos-rils will open, the air passages of your trils will open, the air passages of your head will clear and you can breathe freely. No more snuffling, hawking, mucus discharge, dryness or headache; no struggling for breath at night.

Get a small bottle of Ely's Cream Balm licitors, between 20 and 22 years

from your druggist and apply a little of this fragrant antiseptic cream in your nostrils. It penetrates through every Salary and commission to right air passage of the head, soothing and healing the swollen or inflamed mucous membrane, giving you instant relief. Head colds and catarrh yield like magic. Don't stay stuffed-up and miserable. Relief is sure.—Adv.

MONEY TO LOAN.

MONEY TO LOAN ON APPROVED CITY REAL estate at lowest current rates; special privileges with respect to prior psyments. TYLER & EUTH-ERFORD, Inc., 817 15th st. ERFORD, Inc., 817 18th st.,

MONEY TO LOAN-4220 TO \$600,000 ON D. C.

real estate. Several trust funds, 64; to 6 per cent.

All transactions conducted with economical consideration for borrowers, WM. H. SAUNDERS &

CO., Southern Building, 807 18th st. n.w.

MARRIED.

IT PAYS TO READ AND USE HERALD CLASSIFIED ADS

LOST-ON PEBRUARY 10, 1916, A PEABLE creecest, containing about a dozen small pearls, smeethere in the vicinity of Fourteenth and Ninth streets and F and 6 streets, Reward if returned to HUGH B. ROWLAND, 706 Colorado Building.

HELP WANTED-MALE CLERK WANTED-NIGHT CLERK IN NEWS

paper office. Must be competent, accurate, reliable and thoroughly suited to take full charge of office at night. Write, giving references, state experience and amount of salary desired. Address BOX 4. Herald office. WANTED-SEVERAL GOOD MEN POR ES-

tablished piano house; only ambitions men of good character who have had successful experience as can-rasaris need apply. Commission basis; liberal draw-ing account. BOX 8, Herald office.

Salary and commission to right parties. Apply, before 9 a. m. to-day, to MR. MORAN, Classified Advertising Department, The Herald.

SITUATION WANTED-MALE. WANTED-JOB AND CYLINDER PRESS feeders. Experts only, at once. HAYWORTH PUBLISHING HOUSE, 536 G at. nw.

YOUNG MAN 18 WANTS WORK OF ANY kind. H. O., 101f New Jeney are. nw.

HELP WANTED-FEMALE. WANTED-CAPABLE WOMEN WITH SUc-cessful canvassing experience wanted by leading pi-ano bouse. Salary and commission. Address BOX f. Herald office.

HELP WANTED-MALE OR FEMALE CARETAKERS, COLORED FAMILY, FOR AN apartment in Northwest. Call 94: New York are., after 3 o'clock.

STENOGRAPHERS.

MILDRED P. HENAULT, PUBLIC STENOG

SPECIAL NOTICE.

SPECIAL NOTICE.

THE TWENTY-POURTH SEMI-ANNUAL DIVIdend of two and one-half per cent [25/2] has been
declared on the preferred stock of the Washington
Rallway and Electric Company, payable June 1, 1996.
All boiders of certificates of said preferred stock of
record on the 14th day of February, 1916, bearing a
samp changing the time and manner of payment of
dividends thereon from semi-annually to quarterly
shall receive one-half of said semi-annual dividend
on March 1, 1916. A quarterly dividend of one and
three-fourths per cent (14/2) on the common stock
of the Washington Railway and Electric Company
has been declared payable March 1, 1916, to common
stockholders of record at the close of business on
the 14th day of February, 1916. Books for the transfer of the preferred and common stock will be closed
from the close of business on the 14th day of February, the 18th day of February, 1916. Books for the trans-fer of the preferred and common stock will be closed from the close of business on the 18th day of Feb-ruary, 1916, to the opening of business on the 18th day of February, 1916. S. R. BOWEN, Secretary.

PETERSEN'S

Antiques-Hand-made Jewelry-Rare Curies.

MR F, ACROSS FROM WILLARD HOTEL.



FORD TOURING CARS, S.E PEB HOUR;

SHOE REPAIRING.

Why You Should PATRONIZE Union Shoe Shops

1. The best white oak leather used exclusively. 2. Same price to one and all—plus better service. 3. There is one in your neighbor-

See full list of shops in Sunday Herald.

BUSINESS OPPORTUNITIES. WANTED-A PARTY WITH \$1,000 TO INVEST n a proposition which shows a chance to ne in short time. BOX 14, Herald office. oce to double

BUSINESS ANNOUNCEMENTS Vacuum Cleaning, \$3.50 Per Day. expert operator. Hand or electric of for rent E per day.

NATIONAL VACUUM SALES CO.

MAIN 6188. 6TH AND D STS. N. W

PIANO TUNING. WORK GUARANTEED, MANY YEARS AT Weber and Steinway factories, New York, T. HOLVERSON, 122 North Carolina avc. ne. Phone Lin. 368. 65-note players made to St.

PAINTING AND PAPERHANGING.

WALL PAPER, 10c, 15c, 25c, AND 56c paper, 5c and 10c per piece; rooms papered \$2 up. Plastering and painting of all kinds LE PREUX, \$07 P st. nw. Phone N. 4570.

CARPETS AND RUGS CLEANED BY COM-pressed sir, the harmless way. Compressed Air Carpet Cleaning Co., 200 C st. nw. Phone M. 1979. WINDOW CLEANING.

PHONE M. 1189 TO HAVE YOUR WINDOWS desired. Acres Window Cleaning Co., 182 6 aw.

PERSONALS.

WORKINGMEN—TRADE SHOULD BE ON A boom, and that very scoop. With brighter days, some good men will have to spend cash and a lot of it for a suit. But let George do it. See us for a slightly-used tailor-made suit. 8 buys big value. One price, JUSTR'S OLD STAND, 619 MISS CAIN Manicuring and scalp Treatment. 716 7th st. N. W., Apt. 1. Phone Main 7426. We guarantee to cure pimples, acne

PHONE MAIN 8356. DERMATOLOGICAL INSTITUTE 718 Tenth Street N. W. THE ALDERSON SYSTEM.

Freckles, Moles, and Warts Removed DR. REED

SPECIALIST

604 SEVENTEENTH STREET. OVER 30 YEARS' Successful Practice in the and Special Diseases of Men and Women. Means Health to You If You Suffer from Catarrh, Obesity, Rheuvastism, Constitution, Piles, Thropt, Lung, Brain, Heart, Blood and Hits Diseases, Nervous Debility, Kidney Diseases, Bisd-der Troubles, Specific Blood Posconing, Empirona, Uleres, and All Private Diseases Cured for Life by bade Methods. Charges Low. Medicine Furnished.

Private Waiting Room for Ladies.

Office Bours, is to 1, 3 to 6. Sunday, if to 18.

NOTICE: Artificial teeth and second-hand Diamonds and Jawelry bought Louis Abrahams, \$15 G. Op. Pst. Office.

SPIRITUALISM. Marie T. Davidson, Ph. D., Psychic NONMEDICAL HEALING.

NONMEDICAL HEALING.



PHYSICIANS OF ALL SCHOOLS OF HEALING and the PUBLIC GENERALLY SHOULD KNOW

Is the GREATEST CURATIVE AGENT known. It AVERTS PREMA-TURE DEATHS from APOPLEXY PNEUMONIA, HEART DINEASE HIGH BLOOD PRESSURL, BRIGHTS HIGH BLOOD PRESSURE, BRIGHTY DISEASE, REINSTATES HEALTH and RELIEVES SUFFERING WITH-OUT DRUGS OF SURGICAL PRO-CEDURE, It is ENDORSED MA USED—in their PRACTICE—by eminent physicians of all schools in country and Europe.

IT has PROVED SUCCESSFUL in more than 300 cases of PNEU-MONIA, every case FULLY RECOVERING, and IT will cure every case if it is employed in time. UNSOLICITED TESTIMONIALS.

STONELEIGH COURT.
Wednesday, April 14, 1915.

Prof. H. N. D. Parker.

Dear Sir: I must and feel it my duty to write and thank you for CURING ME. I AM FEELING BETTER than I have for five years. I CAN EAT ANYTHING I care to, and slieep so well. May God bless you; and I had no idea SUCH SIMPLE THINGS COULD PUT ONE ON THEIR FEET AGAIN. I REMAIN a true BELIEVER in YOUR CURATIVE WITHOUTS. While I am not permitted to give name, I ASSURE YOU that the above is a CORRECT COPY of this lady's LETTER.

NEW ENGLAND MUTUAL LIFE INSURANCE COMPANY.

NEW ENGLAND MUTUAL LIFE INSURANCE COMPANY,
Boston, Massachusetts.

D. FULTON HARRIS, General Agent,
Colorado Building.

Washington, D. C., January 26, 1916.

Classified Advertising Manager, Washington Herald, Washington, D. C.
Dear Sir: Having for a long time been OFPOSED to the use of DRUGS
in the TREATMENT of DISEASE, it is with great pleasure I bear testimony to the healing methods employed by PROF. H. N. D. PARKER, Since
testing PROF. PARKER'S TREATMENT. I am MORE FIRMLY CONVINCED than EVER that it is unnecessary to convert the STOMACH
INTO A CHEMICAL LABORATORY to get relief from suffering.

His treatment is painless and thoroughly harmonizes with nature's
laws governing the growth of our bodies. From the start the nerves
tingle with renewed life and pleasure. Mere living takes on added zest,
and most obstinate cases soon exchange the frown of pain for the smile of
Health. Very truly, yours,

206 Colorado Building, City.

EFAN EXACT COPY OF THE ORIGINAL

Washington, D. C., February 2, 1916.

Clasified Adv. Manager, Washington Herald.

Dear Sir: My husband suffered for years with NERVOUS INDIGESTION, caused by overeating. Through the columns of The Herald we leared of DR. PARKER and his methods. We then decided to give him a trial. Mr. Foster is now on the road to good health, although his tremendous appetite is a great drawback to a rapid recovery. I WOULD RECOMMEND DR. PARKER to everyone with any nervous aliments.

Very truly, yours,

423 Eighth Street S. E.

Washington, D. C., January \$1, 1915.

Prof. H. N. D. Parker.

Dear Doctor: I had suffered for four or five years with stomach trouble, and went to the most eminent doctors in New York, Baltimore, and Washington, and they all said that I had ULCER OF THE STOMACH, and kept me on a strict diet until I fell from 185 to 136 POUNDS. Then I consulted you, and now I am happy to say AFTER BEING TREATED BY YOUR WONDERFUL METHOD OF ENFORCING THE CIRCULATION OF THE BLOOD I now can eat anything, and WEIGH 162 POUNDS, and sleep well. In conclusion I can say that I recommend THIS TREATMENT HIGHLY TO ANYONE TROUBLED WITH THEIR STOMACH.

Yours, respectfully.

SAMUEL DAVIS.

Tours, respectfully,

A voluntary statement made by the HON. MARTIN DODGE, who was six years, during the administration of the late PRESIDENT MCKINand THEODORE ROOSEVELT, director of good roads in the De-

ment of Agriculture: I consider PROF. H. N. D. PARKER's method of treating chronic I consider PROF. H. N. D. PARKER'S method of treating chronic diseases the best in use. In fact, it is the only specific that can be applied to a given place on the body and confined to the one place only. My experience has shown me that the method is very efficacious, very specific, and entirely under the control of its operator. I was affilted with chronic LUMBAGO SO BADLY at one time that I could not stand without support, and for years I was obliged to carry a cane. After treatment by PROF. PARKER I WAS GRADUALLY RELIEVED, AND NOW DO NOT USE A CANE OR OTHER MEASURE OF SUPPORT, MY GENERAL HEALTH IS BETTER THAN IT HAS BEEN FOR THIRTY YEARS. (Signed)

ONNELL TATION, AND 28 PAGE BOOKLET FREE.

CONSULTATION AND 72-PAGE BOOKLET FREE.
LADY ASSISTANT.
HOURS, 10 A. M. TO 8 P. M. SUNDA SUNDAY, 1 TO 5

PROF. H. N. D. PARKER WITH 60 YEARS' EXPERIENCE, THE LAST 12 IN TO B. C. MILLER, M. D.

WASHINGTON, D. C.

ROOMS AND BOARD.

100 K ST. NW.-SINGLE ROOM, SECOND foor front; porch, bath, bot water; select surfloor front; porch, bath, bot water; select sur-roundings; cutains the best. 1208 K ST. NW.-LARGE, CLEAN ROOM, SUITable for two; porch, bath, bot water; select sur-condings; cuising the best.

CLAIRVOYANTS.

PROF. D. B. BRUCE, THE GREAT AUSTRALIAN
FALMIST AND CLAIRVOYANT.
consulted on all affairs. 1253A Place S. E. Hours: 9 a. m. to 1 from 2 to 7 p. m. Ph. Line. 1721.

Who Is Your Valentine? Ask Zancig

ZANCIG'S STUDIO, 902-4 14th St. N.W.

PHONE MAIN 4419. CASTILLO READINGS, 25c, 56c, Reunites the Separated, Causes Speedy Marriage, Removes All Troubles, Satisfaction. 639 F st. nw. Walk in. Hours, II to 6.

MRS. R. LUSBY,

Turet and Foreign Cards: East India Ladies only. (LICENSED.) Closed 8 Ladies only, (LICENSED.) Closed Sunday, Reference as 737 11th N. W. Second floor to ability. MRS. GAYER The Greatest Card Reader Set up. Now 117 First et. sw.

DELMAIN SISTERS Palmista, Claircogania, what you want to know. Readings, Soc. test, 190, 12 a. m. to 9 p. m. Sunday, 4 to 8, 613 7th st. uw. MOVING, PACKING, STURING.

Free moving for storage, N. 2343 or N. 2344. SMITH'S TRANSFER & STORAGE CO., 912 & Night Ph. N. 6092.

SPIRITUAL MEETINGS. MEETING TONIGHT

onderful Demonstrations. Spiritual Messages. cig's Temple, at 8 p. m. 25 cents, 902 18th st. nw. DIED.

ONHEIM-Suddenly, on Thursday, February 10, 1916, J. GOLDSMITH, be-leved son of Mr. and Mrs. Milton Kronheim, aged 1 year, 1 month, and

Kronhelm, aged I year, I moth, and 16 days.

Superal from the family residence, control from the family residence, control from the family residence, control from the family residence, cut for the family residence, cut for the family residence, cut for the family residence, furnished, well heated and hot water. PORTNER-On Tuesday, February 8, 1916, at 5 p. m., in New York, of pneumonia, HERMAN H. PORTNER, aged 29 years. Remains at Gawler's undertaking estab-lishment. Notice of funeral services later.

FUNERAL DESIGNS. FUNERAL FLOWERS.

GUDE,

LEGAL NOTICE.

SUPREME COURT OF THE DISTRICT OF CO-SUPRISME COURT OF THE DISTRICT OF CO-lumbla, helding Probate Court. No. 2200, admin-istration. This is to give notice: That the sub-scriber of the Instrict of Columbia has obtained from the Probate Court of the District of Colum-bia, letters of administration on the estate of Oc-tavia Frances Winston Story, late of the District of Columbia, deceased. All pressors having claims against the deceased are hereby warmed to exhibits the same, with the woodness thereof, legally au-thenticated, to the subscriber, on or before the 18th day of December, A. D. 1916, otherwise they may be law be excluded from all benefit of said estate, Given under my band this 8th day of February, 1916. THE WASHINGTON LOAN AND TRUST COMPANY, by Fred's Edichlerger, Trust Officer.

SUPREME COURT OF THE DISTRICT OF CO. scriber of the District of Columbia has obtained from the Probate Court of the District of Columbia, letters of administration on the estate of Grover C. Glascocke, late of the District of Columbia, decased and the Probate having claims against the decased are hereby warned to exhibit the same, with the voochers thereof, legaliv authenticated, to the subscriber on or before the THIRTIETH DAY OF AUGUST, A. D. 1918; otherwise they may by law be excluded from all benefit of said estate. Given under my hand this 28th day of January, 1916. RUTHE, I. GLASCOCKE, 2005 Pourteenth st. nw. (Soal) Attest: JAMES TANNER Register of Wills for the District of Columbia, Circk of the Probate Court, G. L. BAKER and C. C. MILLER, Altornys.

J. J. DARLINGTON, Alsopher.

SUPREME COURT OF THE DISTRICT OF Columbia, holding Probate Court. No. 1645. Administration. This is to give notice that the subscriber, who was by the Supreme Court of the District of Columbia, granted letters of administration d. b. n. c. t. a. on the estate of Lewis E. Payson, disceased, has, with the approval of the Supreme Court of the District of Columbia, holding a Probate Court, appointed MONDAY, THE 21ST DAT OF FEBRUARY, 196, at 10 citock a. m., as the time, and said court room as the place, for making payment and distribution from said estate, under the Court's direction and control, when and where all creditions and persons entitled to distributive shares or legacies, or the residue, or parts thereof, are notified to attend, to person or by agent or autoney duly authorized, with their claims against the estate properly vouched. Given under my hand this 28th day of Jamuary, 1986. NILJAAM H. LINKINS. By J. J. DARLINGTON, Attorney, (Scal.) Attent: JAMES TANNER, Register of Willsfor the District of Columbia, Clerk of the Probate Court.

WANTED-APARTMENTS. WANTED-ONE OR TWO ROOMS, WITH both, Apply BOX 5, Herald office,

FOR SALE-MISCELLANEOUS

NEW AND BEAUTIFULLY ILLUS-trated Life of Dr. Booker T. Wash-ington. Books ready for delivery. Agents outfit mailed on receipt of 16 cents to cover postage. Address B. F. JOHNSTON. Inc., 526 Pa. ave. nw., Washington, D. G.

down stairs he slipped and fell, injuring AUBURN— AUBURN S. Himself. OAKLAND-SMITH-TREW CO., 1237 Fourteenth st. Phone N. 510. If one will but take the trouble to read and study the various advertisements of the different motor car companies, he will notice considerable change in their BUICK MOTOR CO., 1928 Connecticut av. Phone Main 5295. OLDSMOBILE— FOLLOCK CAR CORPORATION, 1018 Connecticut av. Phone Main 1837. will notice considerable change in their line of argument over a few years past. Then it was that most attention was hald to enumerating the superior mechanical features of the machine over other cars that could be considered in the same class. Today the mechanical end of the car is dwelt upon but little. It is taken for granted that the buying public are familiar with this feature of the machine. Attention is given to body 1900 Fourteenth. THE COOK & STODDARD CO., 1138 Connecticut ave. Phone N. 7810. PACKARD-THE LUTTRELL CO., 1214 New Hampshire av. Phone West 105. CHANDLER— WARRINGTON MOTOR CAR CO., 1900 Fourteenth st., Phone North 1332. PAIGE-DETROIT-THE SELBY CO., the machine. Attention is given to body Phone North Me. CHALMERS-UNION GARAGE, G bet. Sixth and Phone Main 8508. It is estimated that it will take 1,500,000 gallons of gasoline to supply the demand for the motor car alone PIERCE-ARROW-FOSS-HUGHES CO., 1141 Connecticut av. Phone North MG. during this coming year. Gasoline is steadily on the increase and just how much higher it is going to go no one is able to forecast. Some seem to think PREMIERmuch higher it is going is able to forecast. Some seem to think that before next summer comes around it will reach 40 cents a gallon. The more conservative place about 35 the limit. CROW-ELKHART—CROW MOTOR SALES CO.—819 12th st. nw. Phone Main 1198 PREMIER SALES CO., 1311 H st. nw. Phone Main 989, PULLMAN-KING. Panama Canal has had something to do with the increase in the cost of this important fuel. Plans had been formulie Canal

AUTOCAR-COMBS-HOWARD CO., 1519 H st. Phone M G. M. C.— REVELLE MOTOR TRUCK CO. WM. BARNHART & CO., 1707 Fourteenth st. Phone North 196. SEMMES-KNEESI CO., 1136 Connecticut av. Phone North 6107. REGAL-CAPITAL AUTO SERVICE CO. 1823 Fourteenth st. Phone North 2366. REO-SMITH-TREW CO., 1337 Fourteenth st. Phone N. 512. BAXON— RECORD AUTO CO., 631-35 Mass. ar. n.w. Phone Main 23. STUDEBAKER-

VELIE-

FOSS-HUGHES CO., 1141 Connecticut av. Phone North MG.

Rear 1810 E. Phone M. 7849. THE COMMERCIAL AUTO SUPPLY CO. \$19 Fourteenth at. Phone Main 274. SPHINX-RHINE, Rear is Jackson place. Phone —— TILGHMAN & OWEN, 1529 M st. Phone North 33L STEARNS-FOTOMAC MOTOR CAR CO., 1228 Connecticut av. Phone North 2006.

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the danger from direct attacks and from promoting the contagion, for grip is an exceedingly insidious in-percentagion, for grip is an exceedingly insidious in-vader, searching out weak spots in the velocity of the wind. Besides, it respects to the contagion of the wind besides, it respects disease of one form or another, consumpair-porne disease and travels with the velocity of the wind. Besides, it respects disease of one form or another, consumpno one; old young, rich and poor are all ton, Bright's, gastro-intestinal troubles, susceptible to its ravages. Death follows in its wake in many, many instances, rarely from grip itself, but from the con-Epidemics vary in severity; likewise does this disease vary in the intensity with which it attacks. The danger of dren and young adults should be warmly

While the weak are speedily overcome the strongest are not immune, so it be-hooves every one to have a care for himself, for those under his immediate

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When there is no response to these simple measures, no further time should be lost. Call in the family doctor.

During convalescence the greatest care must be exercised not to go out too early, for the profound weakness that often accompanies an attack of grip exposes the patient, by lowering the tone of the system, to other infections as to reinfection.

Margaret Anglin's first performance of the National Theater the evening of February 21 will be for the benefit of a charity ward in Georgetown University Hospital. The endowment of this ward was begun a year ago by the ladies' board of the hospital as a memorial to Sister Mary Pauline, who was in charge of the hospital for fifther the profound weakness that often accompanies an attack of grip exposes the patient, by lowering the tone of the system, to other infections as to reinfection.

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